



Master of Public Health (MPH)

POSTGRADUATE

ONLINE

BLENDED



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Arden University has three decades of experience providing higher education, and we’ve helped more than 50,000 students globally gain the qualifications they need to succeed. According to our 2021 graduate survey, we have a 95% student satisfaction rating, and 9 out of 10 Arden students believe studying with us has helped them transform their careers.



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You can visit the Arden University website page for this course [here](#).

COURSE CONTENT OVERVIEW

The Master of Public Health will prepare you for a career in the public health sector by giving you a broad understanding of contemporary issues in public health, with particular focus on the latest digital and analytical skills sought by employers. By learning the most up-to-date health management skills, you'll have the opportunity to support healthcare delivery and better health outcomes at population, community, and national levels. This course is accredited by the Chartered Management Institute and is in the process of being validated by the Agency for Public Health Education Accreditation. Arden University also works with the Institute of Health & Social Care Management.

Course at a glance

- Upon completion of the course, you'll be automatically awarded CMI Foundation Chartered Manager (fCMgr) status.
- Gain key skills required for employability in the area of public health practice, research, and management.
- Develop modern analytical and digital skills useful for responding to health challenges and designing public health research.
- Understand systems and interventions made to improve health, including public health challenges, decision-making processes, and risk management.
- Understand the influence of factors such as social, economic, physical, chemical, and biological conditions on population health.

Key facts

Location: Online, Blended

Start dates: Every 3 months

Part time: 1 year+

Full time: 1 year

Contact us

If you'd like to get in touch to find out more about studying this course, please use the following:

UK enquiries:

Call 0800 268 7737

Email study@arden.ac.uk

International online learning:

Call +44 20 300 56070

Email online@arden.ac.uk

Berlin blended learning:

Call +49 30 23590100

Email studyberlin@arden.ac.uk

Entry requirements

- A bachelor's degree of equivalent at (2:2) in a related field or a relevant scientific discipline.
- A maths qualification or equivalent to at least Grade C at GCSE.
- We also consider applications from candidates who lack qualifications but have relevant work experience.
- In the absence of a maths qualification, relevant work experience would be considered.
- IELTS 6.5 (no less than 6.0 in any element); or TOEFL iBT 90; or equivalent.
- Alternatively, evidence you have previously studied in English can be accepted.
- We also offer an internal English test for applicants who are unable to provide an English Proficiency letter.

Career Progression

- Policy Analyst
- Public Health Advisor
- Epidemiologist
- NGO Manager
- Community Healthcare Worker

If you'd like to get your application started, please click [here](#).

Online learning

Studying this course online gives you a lot of flexibility and convenience. You can enrol with us from anywhere in the world and study your degree from the comfort of home, without the requirement to attend classes in a physical location.

You'll study the course through ilearn, our university campus in the cloud. ilearn provides you with an integrated online learning experience, including your virtual classroom, lecture hall, and online library of more than half a million books and journals – yours for free while you study with us.

Studying online doesn't mean studying alone. As well as receiving regular feedback and guidance from your course tutor, you'll be studying with likeminded students and you'll have access to community message boards to discuss your course and the topics being raised within it.

We've even set up community boards embedded into each of the course modules so you can have discussions with your tutor and classmates on the topics you're currently learning.

You can find out more about online learning with Arden University [here](#).

Online learning key benefits

- Study anywhere worldwide
- Plan your own schedule
- Benefit from reduced costs
- Study around work and family life

Discover why so many students choose online learning with Arden [here](#).

Blended learning

Blended learning with Arden University brings you the best of both worlds: a flexible mix of face-to-face teaching combined with independent online learning that you can take part in whenever and wherever works best with your existing commitments.

When you study via blended learning, you'll study two modules at a time over 10-week study blocks. Each week of study will require a minimum of 33.5 hours of participation, which comprises:

- 8 hours of timetabled face-to-face teaching each week based in one of our study centres
- A minimum 25.5 hours of independent online learning

Your face-to-face classes will be scheduled on either two mornings (9.00am to 1.00pm) or two afternoons (1.30pm to 5.30pm) during teaching weeks. Some of our courses are also available with evening classes in select locations. You'll be able to opt for your preferred time when you apply and, we'll do our best to accommodate your preferred schedule subject to student intake numbers for your course.

Study centre locations

- Ealing, London, UK
- Holborn, London, UK
- Tower Hill, London, UK
- Birmingham, UK
- Manchester, UK
- Leeds, UK
- Berlin, Germany

Please note: course availability varies depending on study centre location.

You can find out more about blended learning with Arden University [here](#).



Your modules will introduce you to a wealth of digital technologies, giving you the chance to learn about virtual simulations to predict, model, and plan for future infectious and non-infectious disease outbreaks. You'll also have the opportunity to devise responses to real life scenarios that may arise in your future career in public health, within a simulated environment and with support and feedback from your course tutor.

You will study seven core modules and choose one optional 'elective' module from a possible four options. This gives you the opportunity to adapt your course syllabus to match your career interests and support your future employability prospects. Please see the following pages for a detailed overview of each course module.

Level 7 core modules

Research Methods (20 credits)

Public health relies on high-quality research for evidence-based practice. This module will enhance your understanding and engagement with health research methodologies. It covers the creation of health research, its underlying philosophies, specific research methods, and the ethical and practical challenges faced by researchers. You will learn to critically analyse health research methodologies, considering the strengths and limitations of various approaches. You will also learn to:

- **Critically review health research methodologies and their philosophical foundations, demonstrating this in a research proposal and journal paper.**
- **Understand and justify diverse data collection and analysis methods used in health research.**
- **Recognise and appropriately address ethical and other challenges in health research.**
- **Identify and appraise methods of disseminating research findings, recognising their strengths and limitations.**

Health Policy (20 credits)

On the health policy module you will gain insights into a range of inter-disciplinary approaches to global health policy-making. The module employs a number of conceptual and methodological tools to examine and demonstrate the interrelations between globalisation and global health. At the end of the module you should be able to:

- **Critically discuss the concepts and methods of health, medical, and social sciences in relation to their application to global health issues.**
- **Evaluate a range of key global health issues and the development of person-centric health and healthcare policies to address them.**
- **Analyse and critically discuss complex global health data, evidence and interventions, as applied in global governance.**
- **Evaluate the impact of the interconnection between public health, health priorities and globalisation and critically explore the various stages of policy development.**

Epidemiology (20 credits)

This module will further your knowledge and understanding of the fundamental skills required as an epidemiologist. You will be encouraged to apply independent critical and evaluative skills required to contribute to scientific evaluation and decision-making. The module will also equip you with the skills required to understand and evaluate empirical research in the field. On completion of the module you should be able to:

- **Demonstrate knowledge and understanding of epidemiological principles, and their application in a range of health-related issues.**
- **Demonstrate abilities in the handling, management and interpretation of data of varying types and formats.**
- **Appraise factors influencing disease management and intervention mechanisms at local, national and international levels.**
- **Critically discuss a range of biostatistical principles used in epidemiology.**

Gender, Sexual and Reproductive Health Management (20 credits)

This module's central aim is to help you understand the issues of gender representation over time and how gender is represented in literature. It also outlines theories of feminism, masculinity, toxic masculinity, patriarchy, sexism, misogyny, misandry and hostile sexism. You will investigate how these terms affect society, and the historical struggle of gender equality across the globe. The module will also help you to:

- **Critically analyse the theories and concepts relevant to gender, sexual, and reproductive health, and recognise the difference between gender and sexuality.**
- **Recognise and interpret gender equality through the lens of society and various cultures, and whether recent developments have contributed to a fairer gender balance.**
- **Evaluate various sexual health awareness projects in society and critique their advantages and disadvantages in reducing sexually transmitted diseases and infections.**

Contemporary Challenges in Public Health (20 credits)

The aim of this module is to develop your appreciation of the most current and pressing international public health issues. This includes the challenges of managing these issues, and how these challenges could be addressed. The module also builds your knowledge of the key theories and models in public health, and how they apply to contemporary challenges. On successful completion, you will be able to:

- **Evaluate current priorities in public health, the management of challenges and solutions, and the major stakeholders and partnerships involved.**
- **Analyse the impact of social, political, cultural, economic, and environmental factors on public health needs from local, national, and international perspectives.**
- **Apply models, strategies, and interventions in real-world public health applications.**
- **Demonstrate the ability to evaluate and create strategies for tackling contemporary public health issues.**

Preventative Health and Promotion (20 credits)

The health of nations is of increasing concern as governments address the aftermath of COVID-19, an aging and growing population, and rising inequalities and comorbidities. This module provides insights into key concepts, theories, and models of preventive health, as well as risk and risk management frameworks. It proposes methods and models to identify and mitigate risks through the application of preventive health strategies in a system reoriented towards health rather than illness and disease. By the end of the module, you will be able to:

- **Appraise risk and risk management approaches in various health contexts.**
- **Assess primary and secondary disease prevention through population-based interventions.**
- **Critically evaluate preventive health strategies aimed at reducing disease burden and associated risk factors.**
- **Discuss key concepts in communicating health promotion, disease prevention, and health risk determinants.**

Research Project (60 credits)

The core module of this course connects theory with practice, enabling you to apply the skills and knowledge from your previous studies to real-world challenges. You will explore topics and methods that align with your interests and career goals, such as quantitative and qualitative research, programme evaluation, or systematic reviews. By the end of the module, you will have developed a project related to health and care initiatives and will be able to effectively present your findings to a broad audience. Through this module, you will gain the ability to:

- **Apply critical management thinking to a health or social care industry issue.**
- **Review literature and methodologies to design and conduct appropriate research.**
- **Demonstrate effective planning and project management to develop a persuasive final piece.**
- **Undertake personal development and critical reflection, including awareness of ethical and socially responsible values.**



Dr. Stephanie West

Head of School - School of Leadership & Service
Industry Management

Dr. Stephanie West joined Arden University in November 2020 and is the Head of the School of School of Leadership & Service Industry Management. In addition to her wealth of healthcare industry experience, Stephanie has held a number of Senior Academic and Leadership positions in Health, Social Care and Applied Science faculties at a variety of universities across the UK. Stephanie will provide leadership to the School of School of Leadership & Service Industry Management, ensuring that it delivers high quality academic provision and student satisfaction across all courses.

Why study with Arden University?

At Arden University we believe everyone, everywhere has the right to gain the life and career benefits that higher education can bring. We are dedicated to making the university experience convenient and accessible to ambitious and motivated individuals worldwide.

Our mission is to connect adult learners like you with higher education study opportunities that give you the tools you need to fulfil your career and life goals. We challenge conventional perceptions of degree study by providing flexible, vocational courses with timetables and learning options that fit around your life commitments.

As an education provider that is not constrained by bricks and mortar or traditions, we are able to offer courses that are innovative, affordable, and which help students and employers reap the benefits of contemporary training and skills development.

Arden is the university that comes to you, on your terms, helping you achieve the life and professional success you want.



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to discuss your eligibility and next steps.**

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